



Name	Date
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- Needs assessment
 Goal setting
 Self-assessment

Speaking 5

- I can join in conversations on familiar topics.
- I am beginning to use longer sentences, but sometimes I hesitate or pause.
- I know a lot of common, everyday vocabulary and some idioms.
- I use connecting words between my sentences, like 'and', 'but', 'first', 'next', and 'because'.
- I can use the phone for a simple conversation, but I still find it difficult.
- I feel comfortable using English with people I know in social settings.
- I can use formal and casual language.
- I ask for clarification when I don't understand.

Listening 5

- I can understand conversations if people speak slowly.
- I can follow simple, repetitive and predictable speech.
- I can catch many words and phrases in informal conversations at a normal speed in audio recordings and on the radio. I can follow the general idea if the subject is personally relevant.
- I can understand a range of common vocabulary and a few idioms.
- I often have to ask people to repeat, especially when they speak quickly.
- I can identify the situation, emotional state and relationship of speakers.
- I can understand a simple, predictable phone message.
- I catch some inferred meanings in advice, offers, compliments and suggestions.

Notes





Reading 5

- I can understand the main ideas, some details and some inferred meaning of a text 2 – 3 paragraphs long. The topics are familiar and personally relevant.
- I can read information that I receive regularly, such as a gas bill, or some items in a newspaper.
- Usually, I have to read something more than once to understand it.
- Sometimes, by looking at a whole sentence, I can understand what a new word means. However, most of the time, I use my dictionary for new words.
- I can follow instructions with 7 - 10 steps. Sometimes I need the help of pictures.
- I understand facts and some inferred meaning in everyday texts, such as memos and e-mails.
- I can locate specific details in extensive directories, charts and schedules. I can use tables of contents, indexes and glossaries.
- I can see the connection between paragraphs. I can predict what will come next.
- My vocabulary is mostly concrete, but I know some abstract, conceptual and technical words.

Writing 5

- I can write a paragraph about an idea or an opinion and give details.
- I can write a short letter, note, or e-mail using appropriate language.
- I can fill out an application form with 20 – 30 items.
- I can take a phone message with 5 – 7 details.
- I can write a paragraph with a main idea and supporting details.
- I can write sentences with good control of simple structures, spelling, punctuation and vocabulary.
- I can write a paragraph describing an event or an incident.
- I choose language and content that are appropriate and relevant to the occasion.

